

Infection	Symptoms	Incubation	Transmission	Testing Method	Treatment	Complications
<p>Herpes 1 (HSV 1) majority of oral infections &amp; about 70% of new genital infections.</p> <p>Herpes 2 (HSV 2) 30% genital infections. HSV 2 can be worse in severity and recurrence #s</p>	<p>Mostly no/mild symptoms. May be itching &amp; tingling in affected area, flu-like symptoms.</p> <p>Blister-like sores that crust &amp; scab on/around lips, nose, penis, labia, vagina, cervix, anus, buttocks.</p>	5-21 days	Vaginal, anal, oral sex. Oral herpes from any oral interaction-kissing, sharing drinks, food	<p>Culture of sore</p> <p>Antibody blood testing (this test is known to have a high false-positive result and is not recommended for patients that do not have symptoms of herpes infection.)</p>	Anti-viral medication taken daily suppresses virus & reduces outbreaks & viral shedding so lower risk of infecting partner/s	Rarely, pregnant woman newly infected with genital herpes in late pregnancy can infect baby during vaginal childbirth.
<p>Human Papilloma Virus (HPV)</p> <p>Lots of strains; high-risk strains associated with cervical, anal &amp; oropharyngeal cancers; genital warts</p>	<p>Most often no symptoms; genital warts may cause itching, soreness.</p> <p>Various shades of pink, brown &amp; gray, clustered, raised or semi-flat bumps.</p>	3 weeks to 8 months-may lie dormant for many years before causing any noticeable infection/disease	Direct skin-to-skin contact, vaginal, anal and oral sex	<p>Cervical pap &amp; HPV tests; rectal pap/HPV testing (rectal paps aren't an FDA-approved test but some providers do offer If high-risk)</p>	<p>Over 90% of HPV infections are cleared by the immune system within a year.</p> <p>Treatments for the infections caused by HPV-- topical meds for warts &amp; surgical procedures for HPV-related Cancers; HPV Vaccines also greatly reduce infections.</p>	Complications from untreated HPV-related cancers of the cervix, anus or pharynx /throat.
